

Course ID	Course Title	Credit hours	Core Requirement	Important Notes	Term Taken
<b>Year One: Fall 12 week (12 credit hours)</b>					
	FRCL	4			
BIOL 13100	Human Anatomy & Physiology	4			
	Foreign Language Requirement	4	FL		
<b>Year One: Fall 3 week (3 credit hours)</b>					
IES 10100	Foundations of Exercise Science	3			
<b>Year One: Spring 12 week (12 credit hours)</b>					
	FSEM	4			
BIOL 13300	Human Anatomy & Physiology II	4			
	Foreign Language Requirement	4	FL		
<b>Year One: Spring 3 week (3 credit hours)</b>					
IES	Major Elective 20000 Level	3			
<b>Year Two: Fall 12 week (11 credit hours)</b>					
IES 31200	Physiology of Muscular Activity & Exercise	4			
BIMD	BIMD Elective	4			
	<b>Core Requirement</b>	<b>3</b>	<b>UD</b>		
<b>Year Two: Fall 3 week (3-4 credit hours)</b>					
	Minor or Concentration Course	3-4			
<b>Year Two: Spring 12 week (11 credit hours)</b>					
IES 32000	Kinesiology & Applied Biomechanics	4			
	<b>Core Requirement</b>	<b>3</b>	<b>CM</b>		
	<b>Core Requirement</b>	<b>4</b>	<b>MM</b>		
<b>Year Two: Spring 3 week (3-4 credit hours)</b>					
	Minor or Concentration Course	3-4			
<b>Year Three: Fall 12 week (11 credit hours)</b>					
IES	Essentials of Strength Training & Conditioning	4			
	<b>Core Requirement</b>	<b>4</b>	<b>SM</b>		
	<b>Core Requirement</b>	<b>3</b>	<b>IM</b>		
<b>Year Three: Fall 3 week (3-4 credit hours)</b>					
	Minor or Concentration Course	3-4			
<b>Year Three: Spring 12 week (13- 15 credit hours)</b>					
IES	Major Elective 30000/40000 Level	3-4			
BIMD	BIMD Course	4			
	Minor or Concentration Course	3-4			
	<b>Core Requirement</b>	<b>3</b>	<b>ES</b>		
<b>Year Three: Spring 3 week (3 credit hours)</b>					
	<b>Core Requirement</b>	<b>3</b>	<b>INTD</b>		
<b>Year Four: Fall 12 week (10-12 credit hours)</b>					
IES 40000	Exercise Testing & Prescription	4			
	Minor or Concentration Course	3-4			
	<b>Core Requirement</b>	<b>3-4</b>	<b>TT INTD</b>		
<b>Year Four: Fall 3 week (3-4 credit hours)</b>					
	Minor or Concentration Course	3-4			
<b>Year Four: Spring 12 week (2-8 credit hours)</b>					
IES 48000	Senior Seminar/Capstone	1-4			

IES 48100 or 49800	Independent Research or Internship	1-4		
<b>Year Four: Spring 3 week (3-4 credit hours)</b>				
	Minor or Concentration Course	3-4		

Minimum Total Program Hours	Minimum Required Major GPA	Minimum Required Cumulative GPA
120	2.00	2.00

Hiram Core: Ways of Knowing Category	Qualifying Course(s) in Program	Fulfilled or Required	Term Taken
Creative Methods (CM)		Required	
Interpretive Methods (IM)		Required	
Modeling Methods (MM)		Required	
Scientific Methods (SM)		Required	
Social and Cultural Analysis (CA)		Required	
Experiencing the World (EW)		Required	
Understanding Diversity (UD)		Required	
Meaning, Ethics and Social Responsibility (ES)		Required	
Interdisciplinary Requirement		Required	

**Note 1: ELECTIVES LISTINGS**


**Note 2: IMPORTANT NOTES FOR MAJORS**

**Foreign language requirement note:** students placing out of the foreign language requirement should take an elective, second major or minor course.

**PATHWAY NOTE:** This is a recommended Major Pathway; individual pathways may vary. Advisor consultation is a vital part of timely graduation.