

Course ID	Course Title	Credit hours	Core Requirement	Important Notes	Term Taken
Year One: Fall 12 week (12 credit hours)					
FRCL 10101	First Year Colloquium	4			
BIOL 13100	Human Anatomy & Physiology I	4			
10100	Foreign Language Requirement	4	FL		
Year One: Fall 3 week (4 credit hours)					
10200	Foreign Language Requirement	4	FL		
Year One: Spring 12 week (11-12 credit hours)					
FSEM 10201	First Year Seminar	4			
BIOL 13300	Human Anatomy & Physiology II	4			
IES	Major Elective	3-4			
Year One: Spring 3 week (3 credit hours)					
IES 10100	Foundations of Exercise Science	3			
Year One: Summer (10 hours)					
	Core Requirement	3-4	UD		
	Core Requirement	3-4	CM		
	Core Requirement	3-4	MM		
Year Two: Fall 12 week (12 credit hours)					
IES 31200	Physiology of Muscular Activity & Exercise	4			
BIMD	BIMD Elective	4			
	Core Requirement	4	SM		
Year Two: Fall 3 week (3-4 credit hours)					
	Minor or Concentration Course (3-4)	3-4			
Year Two: Spring 12 week (11-12 credit hours)					
IES 32000	Kinesiology & Applied Biomechanics	4			
IES 34600	Essentials of Strength Training & Conditioning	4			
	Minor, concentration course or elective	3-4			
Year Two: Spring 3 week (3-4 credit hours)					
	Minor or Concentration Course	3-4			
Year Two: Summer (10 hours)					
	Core Requirement	3-4	IM		
	Core Requirement	3-4	ES		
	Core Requirement or Connect Experience	3-4	Connect Experience		
Year Three: Fall 12 week (11-12 credit hours)					
	IES Elective 30000/40000 level	3-4			
	BIMD Course	4			
IES 40000	Exercise Testing & Prescription	4			
Year Three: Fall 3 week (3-4 credit hours)					
	Minor or Concentration Course	3-4			
Year Three: Spring 12 week (11-15 credit hours)					
	Minor or Concentration Course	3-4			
IES 48000	Senior Seminar/Capstone	4			
IES 48100 or 49800	Independent Research or Internship	1-3			
	Minor or concentration course	3-4			

Year Three: Spring 3 week (3-4 credit hours)				
	Core Requirement	3-4	TT INTD	
Year Three: Summer (10 credit hours)				
	Core Requirement	3-4	CA	
	Core Requirement	3-4	INTD	
	Core Requirement	3-4	EW	

Minimum Total Program Hours	Minimum Required Major GPA	Minimum Required Cumulative GPA
120	2.00	2.00

Hiram Core: Ways of Knowing Category	Qualifying Course(s) in Program	Fulfilled or Required	Term Taken
Creative Methods (CM)		Required	
Interpretive Methods (IM)		Required	
Modeling Methods (MM)		Required	
Scientific Methods (SM)		Required	
Social and Cultural Analysis (CA)		Required	
Experiencing the World (EW)		Required	
Understanding Diversity (UD)		Required	
Meaning, Ethics and Social Responsibility (ES)		Required	
Interdisciplinary Requirement		Required	

PATHWAY NOTE: This is a recommended Major Pathway; individual pathways may vary. Advisor consultation is a vital part of timely graduation.

Students placing out of the foreign language requirement should take an elective, second major course, or minor course.

Fully online courses may be required to complete the program.

An elective may replace the core requirement if the core is met by the major.

Students must fulfill all Hiram College graduation requirements. The minimum total semester credit hours for graduation is 120.

Students who enter with transfer or other credit hours should have those credits evaluated by the registrar towards fulfillment of listed requirements. (See Hiram College Transfer Policy)

To complete in three years, students must adhere to the degree path described in this pathway. While variation may occur due to transfer credit, should a student fail to register for or complete required courses or required summer credit hours, the student may still continue at Hiram College, but forfeits a guarantee of course offerings and summer tuition reduction.

Having begun a 3-year pathway, a student who chooses to change the incoming major may still continue at Hiram College, but forfeits a guarantee of course offerings and summer tuition reduction.